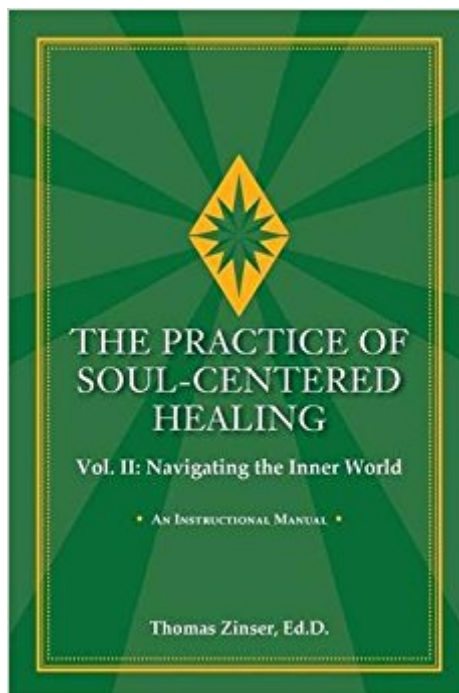




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The Practice Of Soul-Centered Healing, Vol. II: Navigating The Inner World



Synopsis

This book is the concluding volume to *The Practice of Soul-Centered Healing*. Like Vol. I, it is written for hypnotherapists who wish to incorporate elements of Soul-Centered Healing into their own clinical practice. Soul-Centered Healing is a therapeutic approach developed by Dr. Zinser in a fifteen-year collaboration with a channeled spirit named Gerod. His first book, *Soul-Centered Healing*, tells the story of that fifteen-year collaboration. Vol. I and Vol. II are the summation of decades of clinical experience and Zinser's systematic reflection on that experience. Vol. I focused on the clinical protocols for working with ego-states, past lives, and intruding spirits or other external entities that may be negatively affecting a client. Vol. II presents a deeper and expanded view of Soul-Centered Healing as a spiritual journey as well as a healing process. It covers practical topics such as the importance of notetaking and map-making in facilitating a client's process. The book describes different phenomena, conditions, and situations that can present during the trance sessions. Some will apply to all clients, such as making sure a client's higher self is aware of the energy point in the body; others, like dealing with the dark spot, a mirror personality, or retrieving missing parts of a soul, are situations that only present with some clients. Additional protocols and clinical examples are given to help therapists navigate this inner world. Finally, the book concludes with an in-depth case study tracing one client's healing journey from severe dissociation to living consciously and centered in the present.

Book Information

Paperback: 316 pages

Publisher: Union Street Press (July 25, 2016)

Language: English

ISBN-10: 098342943X

ISBN-13: 978-0983429432

Product Dimensions: 6 x 0.7 x 9 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

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